

GLCU Foundation for Financial Empowerment

Adolescent Sessions



Overview

The GLCU for Financial Empowerment offers a variety of financial education sessions for children in 5th-8th grade and makes learning about money fun and rewarding, while helping parents navigate the best ways to teach their children lessons on money issues.

Target Age: 5th–8th grade

Activation

The teaching guides and content are supplied by Adolescent\$ from SniggleZoo and Visa Practical Money Smarts and facilitated by Great Lakes Credit Union and GLCU Foundation team members. The goals of bringing this program to schools, camps, and other opportunities include:

- Teaching youth about the value of money prior to them obtaining their first job.
- Helping families start conversations about saving money.
- Building a foundation for youth and families to discuss financial topics.
- Bringing an understanding of saving and spending money to youth.

Adolescent\$ Lessons

Each Adolescent\$ lesson includes a video from the Money Habits videos, discussion questions, and an activity.

The content series can be presented as a whole, or partners can choose topics based on time. Each lesson is estimated to take 60 minutes, and includes the following smart money habits:

- Saving Your Money
- Weigh the Cost
- Get S.M.A.R.T Financial Goals
- Don't Spend More than You Make
- Use Money as a Tool

Visa Practical Money Lessons

Each Visa Practical Money lesson includes a PowerPoint presentation, discussion, activity, and quiz for comprehension.

The content can be presented as a series or a la carte to reach an individual partner's needs. Each lesson is estimated to be 60 minutes, and includes the following topics:

- Making Decisions
- Making Money
- The Art of Budgeting
- Living on Your Own
- Buying a Home
- Banking Services
- Credit
- Credit Cards
- Cars and Loans
- The Influence of Advertising
- Consumer Awareness
- Saving and Investing
- In Trouble
- Consumer Privacy

Join us in building a financially secure future for young people in our communities.

For more information on hosting a simulation, contact us at glcufoundation@glcu.org.